

THE RETREAT

Meet | Eat | Treat

STARTERS

Or great for just grazing with a drink!

BUCKET OF WINGS 550/525/509 Kcal 

1 BUCKET FOR £8 | TRIO FOR £21

Choose from spicy gochujang Korean, BBQ or sriracha

HALLOUMI FRIES £8 460 Kcal

Sweet chilli dip

CHILLI MANGO COATED PRAWNS £9 371 Kcal

Sweet chilli yogurt

SOUTHERN FRIED CHICKEN STRIPS £9 369 Kcal

Retreat house dipping sauce

NOT CHICKEN STRIPS £9 371 Kcal 

Smoky ketchup

NACHO TRAY SHARER £11 1341 Kcal 

Tortilla chips, guacamole, sour cream, spicy salsa,
nacho cheese sauce, jalapeños

Choose from 2 great add-ons

CHILLI BEEF £4 1526 Kcal 

BBQ PULLED PORK £5 1484 Kcal 

HOUSE BURGERS

You might need a few napkins!

Our beef patty is award winning

Served with crispy lettuce & pickles in a pretzel bun
and skin on fries

For the extra hungry

Double up your patty for £3.50

THE RE'TREAT' £18 1185 Kcal

6oz beef patty, BBQ pulled pork, rosti potato,
nacho cheese sauce

FEELING BLUE £15 998 Kcal

6oz beef patty, red onion chutney, crumbled blue cheese

NOTORIOUS P.I.G £15 1313 Kcal

6oz pork & apple patty, smoked streaky bacon, cheese,
baconnaise

NOTORIOUS V.E.G £15 1143 Kcal  

Moving mountain plant patty, field mushroom,
smoked applewood cheddar



CHICKEN SANDWICHES

A sandwich but not as you know it!

Served with crisp lettuce & pickles in a
pretzel bun with skin on fries.





CHICKEN PARMIGIANA £15 849 Kcal

Breaded chicken breast, mozzarella, smoky ketchup


SRIRACHA CHICKEN £15 958 Kcal

Buttermilk breaded chicken, spicy sriracha slaw, cheese


SMOKY NO CHICKEN £15 968 Kcal  

Vegan chicken burger, smoked applewood cheese,
smoky ketchup

FINLAKE FAVOURITES

RIB TRAY £23 2395 Kcal 

Full rack of BBQ drenched ribs, skin on fries, sriracha slaw

STEAK TRAY £23 1455 Kcal 

8oz sirloin, skin on fries, sriracha slaw

CHILLI CON CARNE £16 610 Kcal 

Beef chilli, rice, sour cream, lime *(vegan available, 587 Kcal)*

RETREAT CAESER SALAD £14 546 Kcal

Crispy cos lettuce, chicken, bacon bits, Parmesan,
herb croutons, Caesar dressing

HOUSE HONEY & MUSTARD SALAD £12 221 Kcal  

Mixed leaf, tomato, cucumber, carrot, cabbage, onion,
honey & mustard dressing

SOUTHERN CHICKEN STACK £19 1590 Kcal

2 Southern fried fillets, Retreat house sauce, smothered in 3
cheese blend, skin on fries

SIZZLING CAJUN CHICKEN FAJITAS £19 1161 Kcal

Chicken, mixed peppers, red onion, guacamole, sour cream,
salsa, flour tortillas

CHARGRILLED 10 OZ BACON CHOP £19 1262/1098 Kcal

Pineapple, sriracha slaw and fries or house salad

JUMBO GOURMET DOGS

Served in a sweet brioche sub
with skin on fries!



- PHILLY CHILLI DOG £16** 1442 Kcal
Chilli beef dog, chilli con carne, nacho cheese sauce,
crispy onions
- NOTORIOUS H.O.G £16** 1290 Kcal
Bockwurst dog, crispy bacon, pulled pork, BBQ sauce
- NOT DIGGITY DOG £16** 1011 Kcal
Plant based dog, gherkins, crispy onions, smoky ketchup

FRIES

Keep it simple or go loaded!

- SKIN ON FRIES £4** 385 Kcal
Rosemary sea salt
- PHILLY CHILLY FRIES £9** 1229 Kcal
Skin on fries, chilli beef, nacho cheese sauce, jalapeños
- PIGGY FRIES £9** 1208 Kcal
Skin on fries, BBQ pulled pork, nacho cheese sauce, crispy onions
- TRUFFLE FRIES £9** 1017 Kcal
Skin on fries, Parmesan, truffle oil, crispy onions

Add-ons

You're not complete without it!

- MAC 'N' CHEESE £6** 973 Kcal
3 Cheese mix
- GIANT BATTERED ONION RINGS £6** 467 Kcal
JALAPENO POPPERS £7 389 Kcal
- HOUSE SRIRACHA SLAW £4** 307 Kcal
- BUCKET OF WINGS £8** 542/551/531 Kcal
Spicy gochujang Korean, sticky BBQ or sriracha

DIPPING All £1

- SMOKY KETCHUP** 113 Kcal
- SWEET CHILLI** 165 Kcal
- BBQ SAUCE** 146 Kcal
- Why not try our **RETREAT HOUSE SAUCE** 369 Kcal

KIDS MAIN MEALS

Ideal for under 12's

All £8 each

- CRISPY BREADED CHICKEN TENDERS** 368 Kcal
- PORK SAUSAGES** 669 Kcal
(Gluten Free & Vegan alternative available 429 Kcal)
- CHICKEN SLIDER BURGERS WITH LETTUCE AND MAYO** 508 Kcal
- BEEF SLIDER BURGERS WITH LETTUCE AND KETCHUP** 576 Kcal
- All above served with skin on fries and a choice
of baked beans or garden peas
- or
- TOMATO & BASIL PASTA WITH GARLIC BREAD** 597 Kcal

KIDS DESSERTS

- CHOCOLATE BROWNIE £5** 399 Kcal
Topped with vanilla ice cream and drizzled in
chocolate sauce
- 2 SCOOPS OF YOUR FAVOURITE ICE CREAM
DRIZZLED WITH YOUR CHOICE OF SAUCE £4.50**
- Choose from the following ice creams
- Strawberry** 208 Kcal | **Chocolate** 210 Kcal | **Vanilla** 186 Kcal
- sauce options
- Chocolate** 23 Kcal | **Strawberry** 23 Kcal



Vegan



Vegetarian



Non-gluten-
containing
ingredients

If you have any allergies or intolerances, please speak to our friendly team about meal ingredients before ordering. Due to food being prepared in a kitchen environment, we cannot guarantee our food is free from allergens. Please speak to our team for help and advice.

SHAKES ALL £6

Thick and creamy ice cream shakes with a blend of
your choice

- OREO® CRUMB AND CHOCOLATE** 1023Kcal
- BISCOFF® AND VANILLA** 1155Kcal
- SALTED CARAMEL TWIX®** 1004Kcal

DESSERTS

Choose from our warmed Belgian waffles or our light and
fluffy American pancakes and top with a choice of,

- VERY BERRY £8**
654 Kcal for waffles and 572 Kcal for pancakes
Forest fruits, strawberry ice cream, raspberry coulis,
whipped cream
- ROCKY ROAD £8**
889 Kcal for waffles and 808 Kcal for pancakes
White & milk chocolate buttons, marshmallows,
honeycomb ice cream, toffee sauce, whipped cream

- CHOCOHOLIC £8**
802 Kcal for waffles and 721 Kcal for pancakes
Crumbled milk chocolate, chocolate ice cream,
chocolate sauce, whipped cream

- BISCOFF® AND COCONUT
CHEESECAKE £7** 495 Kcal
Served with vanilla ice cream

- APPLE PIE £7** 283 Kcal
Served with vanilla ice cream

- CHOCOLATE TRUFFLE
BROWNIE TORTE £7** 336 Kcal
Served with vanilla ice cream