

# Swimming Pool Timetable



	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
<b>Monday</b>		Adult Swim 06:30 - 08:00	General Swim 08:00 - 19:00											Swim Lessons 16:00-19:00	Adult Swim 19:00-20:00
<b>Tuesday</b>		Adult Swim 06:30 - 08:00	General Swim 08:00 - 19:00											Swim Lessons 16:00-19:00	Adult Swim 19:00-20:00
<b>Wednesday</b>		Adult Swim 06:30 - 08:00	General Swim 08:00 - 18:00										Aqua Fit 18:00-19:00	Adult Swim 19:00-20:00	
<b>Thursday</b>		Adult Swim 06:30 - 08:00	General Swim 08:00 - 11:30				Aqua Fit 11:45-12:30	General Swim 12:30 - 19:00					Swim Lessons 16:00-19:00	Adult Swim 19:00-20:00	
<b>Friday</b>		Adult Swim 06:30 - 08:00	General Swim 08:00 - 19:00											Adult Swim 19:00-20:00	
<b>Saturday</b>			Adult Swim 07:30 - 08:30	General Swim 08:30 - 18:00											
<b>Sunday</b>			Adult Swim 07:30 - 08:30	General Swim 08:30 - 18:00											

## Pool Information

Children under the age of 8 or non swimmers require an adult 16+ in the water with them at all times. Children under the age of 14 require an adult 16+ on poolside with them at all times.